



MCHS Band Practice Journal

Name: _____

Date: _____

Which did you practice and what was the most important concept it was trying to teach you?

List one concept or skill you think you improved because of your practicing this week:

Practice Times: (remember 3 hours = 100); must have a parent signature for credit

Monday: _____ hours _____ minutes

Tuesday: _____ hours _____ minutes

Wednesday: _____ hours _____ minutes

Thursday: _____ hours _____ minutes

Friday: _____ hours _____ minutes

Saturday: _____ hours _____ minutes

Sunday: _____ hours _____ minutes

Total: _____ hours _____ minutes

Parent Signature: _____